

GLOBAL PYRAMID CONFERENCE

CHICAGO, USA

SEPT 20th-23rd 2018

“The Inner Pyramid”

**Providing a Bridge between our Essential Consciousness and
Everyday Lives**

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There is an ultimate healing. It's a healing from the very core that ripples out to affect all manifestation; yours, others and the environment. It's a healing that unites you to the source, from where you can draw the fuel to exist, flourish and manifest great things within the world.

Doesn't that sound ideal?! Well, it's also your birthright.

Today, I'm going to show you a number of ways in which I've symbolized this process of marrying the energy of our source to our everyday lives, into various interfaces of art and media over the years.



Tibetan Mandala - 1



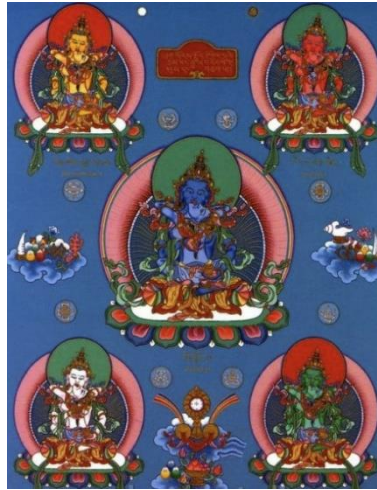
Tibetan Mandala - 2



Tibetan Mandala - 3

Because my training on the spiritual path has largely come through the Tibetan Buddhist 'Vajrayana' or 'Diamond Path', a spiritual path that deals with the merging of existential knowledge with our everyday reality, I want to first of all show you how you will find a 4-faced pyramid, with 4 colours, often crowned with a multi petalled symbol, at the centre of many mandalas of Tibetan Buddhist deities.

And who are these deities? None other than skilful methods to point us to the most inherent state of wisdom, of our mind.



Wisdom deities in the centre of a mandala

These coloured segments that are found at the heart of a mandala represent the 5 Buddha families, 4 in the 4 cardinal directions and 1 at the centre.

Let's look deeper into their meaning, as symbols to describe aspects of our essential nature.

In popular modern day understanding, tantra has a reputation for being something sexual, and although that's true in the sense of it representing the union of duality, there's a much deeper truth to it than this commonplace understanding.

For example, here you find male and female deities in embrace, showing that male and female aspects, in other words, relative polarities may not actually be separated in terms of how they fundamentally coexist one within the other.

Here, the 5 male aspects represent the Mirror-like Wisdom - that which sees everything as a perfect reflection of Wisdom, in the centre; all-accomplishing Wisdom - that which can accomplish all activities, in the bottom right corner; Wisdom of Discrimination - that which can discern correctly; in the top right corner, Wisdom of Equality - that which sees all in one taste, in the top left corner and Wisdom of Dharmadhatu - that which knows all, in the bottom left corner.

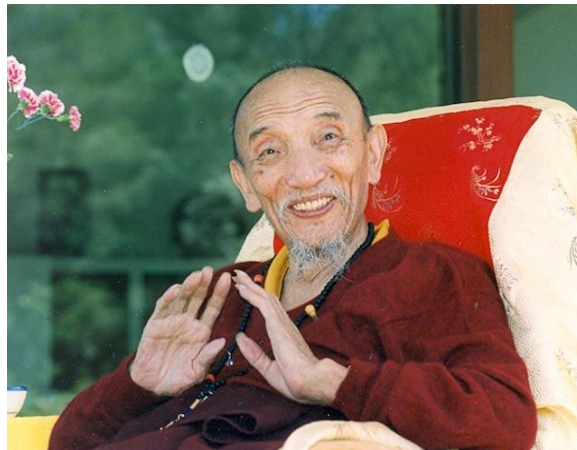
So do these 5 have corresponding female aspects, which in terms of the order I just mentioned to you above, represent the 5 elements of

Space, Wind, Fire, Earth and Water, the female deities of which you can here see in union with the male deities.

The deities occupying the central places are those which encompass the other 4 within them - Space is the place within which all of the other elements can arise, and Mirror-like Wisdom is that which sees all reflected within its vast wisdom - so just like the apex of a pyramid, both the male and female deities at the centre, emanate into 4 aspects, in the 4 cardinal directions.

There are many other examples of mind phenomena coming in groups of 5 within the metaphysical teachings of the Buddhist Abhidharma that describes how the mind works; the 5 senses, the 5 aggregates, 5 conflicting emotions, 5 paths, etc...

So, I learned that 5 is such a fundamental number within the teachings that I could conceptualise a pyramid shape popping up everywhere!



His Eminence Chogye Trichen Rinpoche

Due to an instruction I received from my teacher of this path of Vajrayana, His Eminence Chogye Trichen Rinpoche in Nepal, I had decided to focus on the nature of the 5 elements within my creative work at the time, so that I could deepen my understanding of their meanings, on various levels.

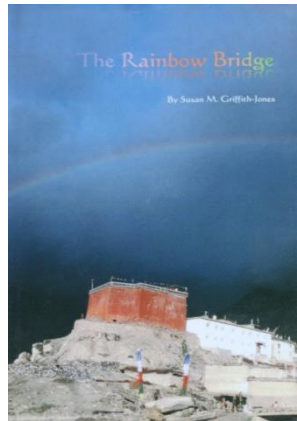


Muktinath Valley, Mustang, Nepal



Susan with Wangyal Lama of Muktinath, Mustang, Nepal

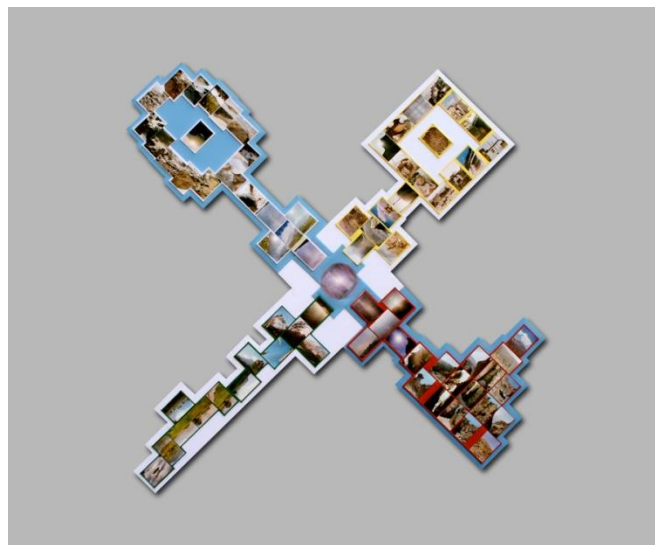
After coming back from the very north of Nepal, from a trip beyond the Annapurna mountains, in the region of Mustang during which time I had taken more than 1000 photographs, I did 2 things.



'The Rainbow Bridge'

I wrote a book that I entitled 'The Rainbow Bridge' that describes an existential journey through this terrain with lots of the photos in colour in it...

...then laid out around 75 of them in a mandala shape, in a piece of work that I called, 'Two Keys, One Lock'.



'Two Keys, One Lock' (5.5ft x 5.5ft)

This is my first piece of photo collage artwork that I made in 2005 just after I had completed the Circle of Immortality art piece, which I'm going to show you in a moment.

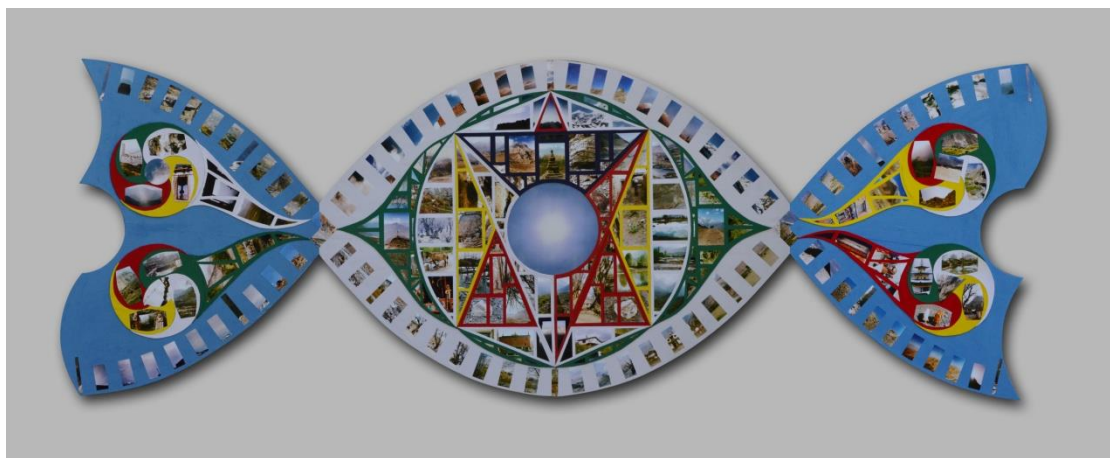
Just like in the mandala of deities we've just seen, here, from space, which can be seen in the centre of this piece, the four manifest elements emerge and are symbolized by their relevant shapes according to classical Buddhist highest tantric yoga.

Bowl-shaped Wind, Triangular shaped Fire, Square shaped Earth and Circular shaped Water, with Space in the centre, which is their playground, otherwise there would be no place for the other four to come into being!

And, if you were to elongate the central point outwards, you would get a pyramid shape forming here too!

Even though this picture seems to be static, actually the 4 elements are in a dynamic process, whereby they are both simultaneously emerging into gross manifestation and dissolving back into their base nature of potential within the space.

'Two Keys, One Lock' thus shows the dance of the arising and dissolving of creation of our manifest reality going on continuously.



'Pure Vision... transformed into Organised Confusion' (10ft x 3ft)

I made this picture, Pure Vision Transformed into Organised Confusion, at the same time as the Two Keys, One Lock.

Now you may think that these are computer generated graphics, but they are absolutely not!

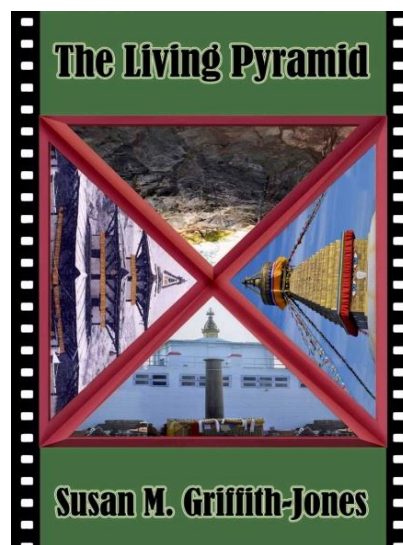
This picture is 10ft long and almost 3 ft wide. It is made from a plyboard base, covered by cloth, and the shapes upon the base cloth

are thick cardboard that has been covered by cloth of the relevant colour to describe the element according to Highest Tantric yoga of Tibetan Buddhism. At the very top layer, photos, none of which are random, but are strategically placed, add meaning to that particular place in the picture.

You'll see how instead of all the shapes of the elements being spread out, here they're one on top of the other and form both a pyramid and an octahedron at the centre of this shape.

Later in 2005, the same year I made these pictures, I was asked to make a movie on Muktinath, the place in Northern Nepal where I had taken the photos of Two Keys, One Lock and Pure Vision transformed into Organised Confusion.

The story of exactly how I made this film in the ensuing 3 years is told in my book, 'The Living Pyramid' that I have just published and am going to launch at the end of my presentation here today.



'The Living Pyramid'

But now, I am going to tell you how I hid a pyramid deep into the structure of this film, so that it would work the inherent power of its symbol into the transmission.

After I had shot the visuals high up in the northern part of Nepal, near the border with Tibet, I was back in Kathmandu and wanting to cut them up and edit them.

But I needed a theme and some way to logically lay them out and above all, I wanted to make the visuals dance along the timeline.

But how could I do that?



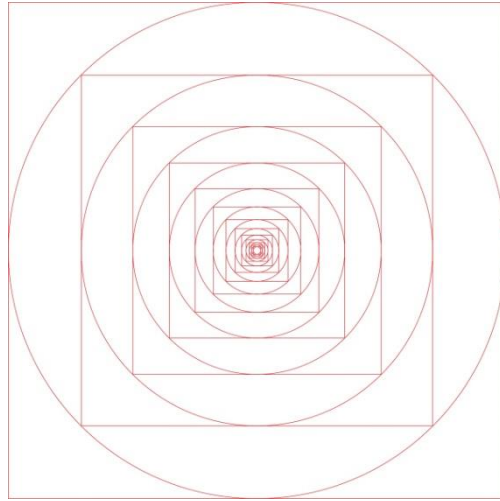
'Two Keys, One Lock' (5.5ft x 5.5ft)

Because this is a fundamental base of all spiritual understanding, I decided I should focus on the union of Relative and Absolute existence; 'Relative' meaning all that appears and is tangible to our senses - like the 4 elements at the edge of my picture, Two Keys One Lock and 'Absolute' being the truly empty nature of all phenomena - like the space in the centre of this picture.

This is a very key point because it is from the spacious realm of the Absolute that all the various layers of subtle and gross form of our relative tangible existence, arise.

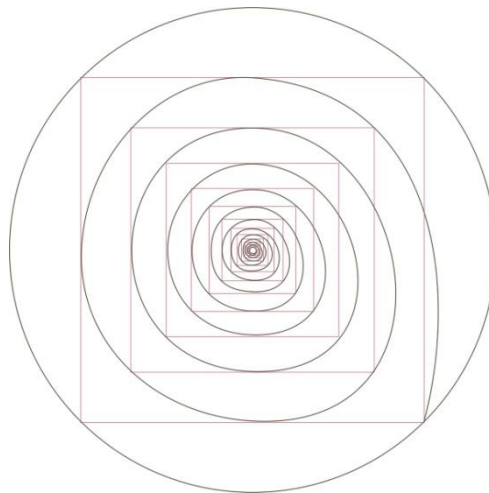
For the purpose of symbolism, I chose the circle to signify 'Absolute Existence' as it has neither a beginning nor end, and I would use the square to mean 'Relative Existence' because it can behold and express the 4 elements.

Thus playing around, I then put the circle and square together and made this.



The Process of making the 'Circle of Immortality' art piece - 1
'Union of squares and circles'

But knowing that the circle and square could never meet in a central place in this way, I had to do something to connect the flow of energy between the two shapes.



The Process of making the 'Circle of Immortality' art piece - 2
'Spiral shape within the diagram'

So I chose a starting point and then made a line from the place where it crossed one corner of a square on the circumference, to the corner of the square at the next inner layer on the diagram, thus making a spiral all the way to the centre.

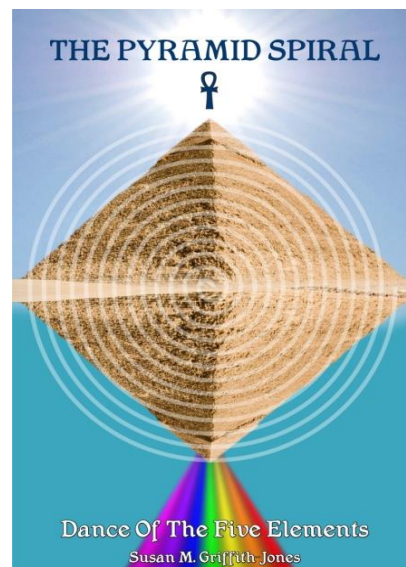
BUT AGAIN, I frustratingly found out that this spiral would never actually cause the square and circle to converge!

But anyhow, I cut it out and thus doing, realised that I had stumbled upon a way to UNIFY the circle and square at the apex of this double equilateral triangle.

I'll tell you how...

Because I needed something to stand it on, I cut out 2 equilateral triangles that formed an open pyramid shape that would hold this floppy, cut out spiral, in place.

And in doing so, found that it is indeed the shape of the pyramid that is the skilful means to unify the square and the circle!



‘The Pyramid Spiral, Dance of the Five Elements’

How I made this art piece is told in much more detail in my book, ‘The Pyramid Spiral, Dance of the 5 elements’.



**The 'Circle of Immortality' art piece
(original)**

It took me a while to decipher, but eventually I discovered it was like a perfect symbol of the 5 elements that I had been trying to describe in my photo collage art work, except here, I had the added reflection of the entire structure in the mirror.

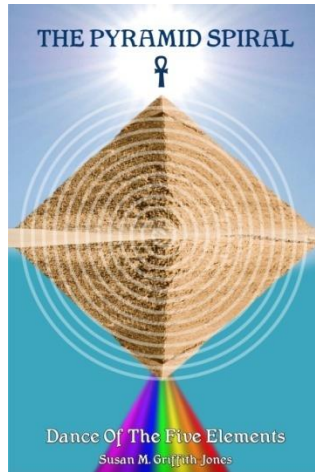
CIRCLE – water

Square – Earth

Triangle – fire

Spiral – wind

And space within the mirror.



‘The Pyramid Spiral, Dance of the Five Elements’

I then wrote a root text for it, by considering it section-by-section, element-by-element and then published this in my book, ‘The Pyramid Spiral, Dance of the Five Elements’, making an extensive commentary on the 52 verses that describe the art piece in detail. Later, these verses also became the narration for my movie, ‘The Circle of Immortality’.

I found that by describing this dance of the 5 elements within the mirror of consciousness, it symbolically depicts the very nature of our manifest existence, appearing from a space of pure awareness right down to all the details of phenomena and objects we find in our world systems.



The ‘Circle of Immortality’ art piece (original)

I am telling you about this art piece, as this is the pyramid symbol that I embedded into the structure of my movie, 'The Circle of Immortality'.

The movie is just over 40 minutes in total length, and we're going to watch half of it now for the next 20 minutes and then I'm going to stop the video and once you've become familiar with the layout, I'll describe to you how this shape is embedded into it.

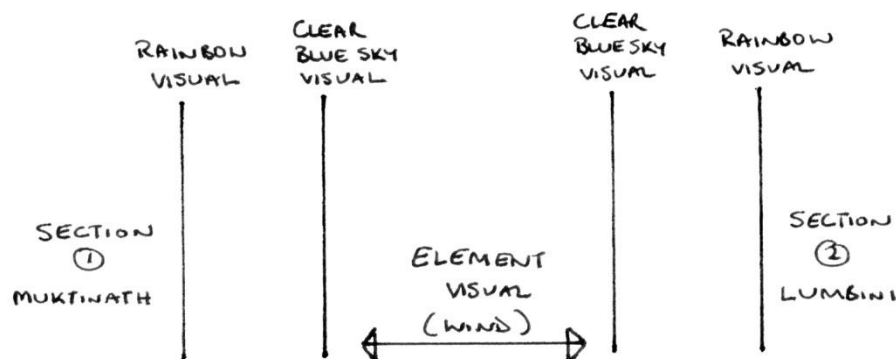
In the sense that the film has been designed in a perfect shape to transmit a message, so must the one receiving this transmission, also be perfectly receptive to it.

Just as in perfect meditation, with an unwavering concentration, the transmission is available. So please hold your mind in this open space and let the movie dance within it, revealing all of its aspects to you.

----- (show first half of 'The Circle of Immortality' movie)-----

Although you've only watched half of the movie so far, you'll notice some reoccurring themes.

At the end of each section, there's a special pattern where the last visual of that location dissolves into a rainbow around the sun that merges into a blue sky that holds within it the description of the relevant element being described in that section. Then again the blue sky at the end of that emerges as a rainbow around the sun that then dissolves into the next sequence of visuals in the next location.



The Gap – Visual/Rainbow/Blue Sky/Rainbow/Visual

The dissolution and merging from the clear blue sky thus occurs 13 times in the movie, just like the 13 turns on the Circle of Immortality Art piece.

This symbol of visual, rainbow and blue sky pertains to the union of the various layers of our being, whereby Vajrayana Buddhism describes three main inherent dimensions of consciousness within which we operate, calling them the '3 Buddha bodies'.

The Sanskrit names for these are: Nirmanakaya, Sambhogakaya and Dharmakaya. The Nirmanakaya relates to 'Emanation' or gross form that is represented here by the last visual that occurs in the sequence before dissolving into the rainbow around the sun, the Sambhogakaya, which relates to a subtle body aspect, an energetic quality and then into the Blue sky, which represents the Dharmakaya, our base nature that is inherently empty of any form and formless aspects. All 3 levels together constitute a fourth that embraces all 3 of them, manifestation as we experience it.

The music also correlates to these 3 levels, using various mantras to express the relevant layer. In the first section over the visuals of Muktinath, the energy pertains to the Nirmanakaya, the gross body aspect of everything that we can sense, whereas the Lumbini visuals represent the Sambhogakaya, the awake, subtle quality of everything and the visuals of Maratika represent the Dharmakaya, empty of any inherent reality.

And yet, this progressive order of music from the beginning of the movie, dissolving from gross, to subtle, to empty, displays a gradual dissolution into its central point around which it is perfectly mirrored and then returns to manifest as subtle and then gross form again by the end of the movie.

As it took me some time to understand how to lay out the movie, I made three versions of it in total and the one you're watching today is the third. And during the time I was laying out the first and second versions, I had already put a lot of different meanings into them.

For example, in the first version, which depicts only two main places - Muktinath and Lumbini, in the case of Muktinath, I coordinate the visuals by location in the valley, according to their positioning around the central ridge there. In this way, Muktinath correlates to activities being carried out in various locations and therefore relates to space in the sense of having position.

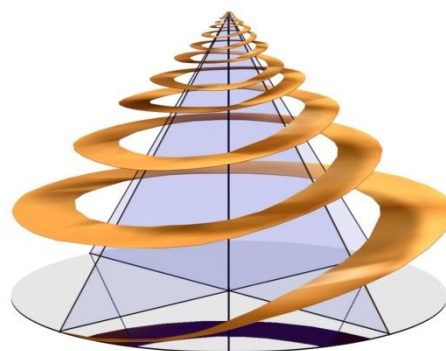
In order to enrich this, when I arrive at a place and want to show the activity going on there, I pick an area and then make circular movements with the camera in the four directions, spiralling round and round on the activities going on in that place, coming closer and closer to the activity, again and again onto the same people until I am focusing on only their hands and faces carrying out their tasks. This creates little spinning vortices within the timeline during the Muktinath visuals.

But in the Lumbini visuals, I created a linear sequence of a 24 hour day, so that the visuals start in the evening with lighting candles, go through a whole day of activity and result in the last visual of Lumbini, in the second section of the movie, as lighting candles again.

This sequence could represent any 24 hours of time, so the visuals here are both linear and circular. Even if they seem to be a linear progression of visuals, by actually creating a loop that returns to the same time of day at the end, I've created a circle of time. In this sense, all the visuals of Lumbini are like one giant vortex of spinning time.

The visuals of Maratika that I added into the second version are placed according to one circumambulation of the central mountain that holds the Caves of Immortality there, so again we see another set of visuals turning in one large rotation.

This culminates in each of these spiraling vortices being like fractals of the Circle of Immortality art piece, some bigger, some smaller, but all holding the same fundamental shape that beholds its own meaning, spinning away in smaller and larger segments of the movie.



'Circle of Immortality' art piece with square and circle defined at base (digital)

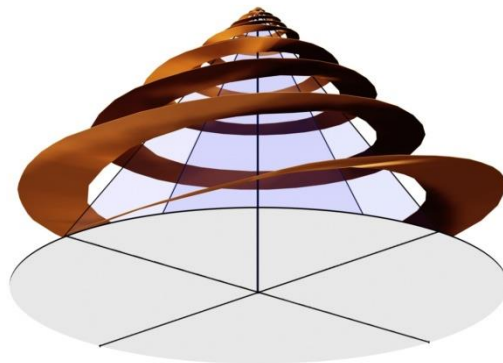
Let's look at the structure of the Circle of Immortality again...

Square based earth - in other words, the outlined base of the pyramid, circular shaped water - the base of the whole piece, which is also a mirror, triangular shaped fire - 2 equilateral triangles sitting at right angles to each other, spiral shaped wind - that sits upon the triangles and the space around and within the mirror that holds manifest form.

So the 5 elements are all present here and depicted within the art piece, using the traditional shapes of Highest Tantric Yoga of Tibetan Buddhism.

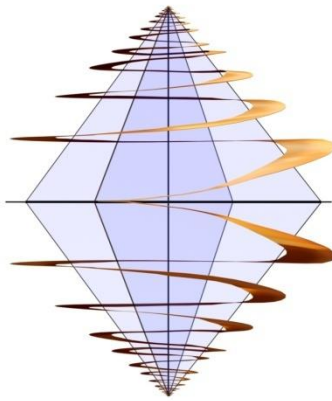
The whole piece is then reflected into the space of the mirror and of course, appears inside the mirror in exactly the same way that it presents itself to it.

Yet of course, we know that there is nothing actually present within the mirror, as it's just a reflection!



'Circle of Immortality' art piece from underneath (digital)

We can take this analysis further by understanding that the illusory space appearing in the mirror not only represents the space element within which the other four elements and hence phenomena arise, but also transforms the shape of a pyramid into that of an octahedron.



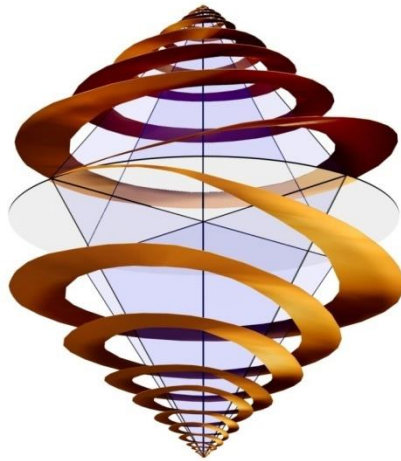
'Circle of Immortality' art piece as an octahedron (digital)

Consciousness is like the 5 elements occurring within a mirror that appears to it, as manifest form.

So, what's inside the mirror is all of this around us, our own consciousness arising as an interpretation of the 3 fields of reality that I previously mentioned, the 3 Buddha bodies that inherently exist within our consciousness.

Potentially perfect, consciousness thus arises according to its habitual traits that are what causes it to limit itself to what it believes itself to be and not to be what it actually is.

This means that as we stand at different viewpoints, so does reality appear differently.



How the 'Circle of Immortality' appears due to the presence of the mirror (digital)

So, while consciousness perceives itself, it is also interpreting itself, which causes it to further perceive itself etc...

There are 2 things going on here at the same time and it is impossible to divide these 2 aspects, because they are a direct result of each other.

In consciousness sensing what has arisen and interpreting that, it naturally mutates into its next reflection of itself within itself and so it goes on until the chain is broken through recognition of what is really going on.

In this way, the Circle of Immortality art piece reveals itself as a map of existence, as a symbolic analogy of the ultimate process of consciousness.



'Circle of Immortality' (original)

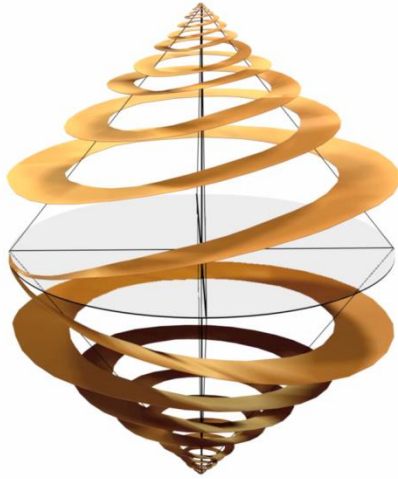
But everything starts within the space, for if there were no place for the four elements to arise in, then none of this could take place.

Consciousness emerges as subtle and gross form when it interprets its own inherent rested state of energetic potential, as something.

This movement of the wind of consciousness within the space is what causes the 5 elements to stir into being, setting off all the other elements. Its movement causes friction, so the element of fire occurs, igniting potential seeds of earth existing within the space that then melt into nectar, the water aspect, as they cool down.

This process of creation within the manifest world is no different to what's going on in the inner channels of our human body. As we consciously take control of this process of what is termed as 'blazing' and 'dripping' in Vajrayana Buddhism, so we can gain mastery over the outer elements.

Depending on the condition of your mind, whether it be in the state of wisdom or that of ignorance, so the dance of the five elements in emotional form will appear in the mirror of the environment around you as their corresponding aspect; jealousy, desire, pride and anger, fueled by ignorance, yet in truth but the opposite side of the coin to the 5 Buddha wisdoms we talked about earlier.



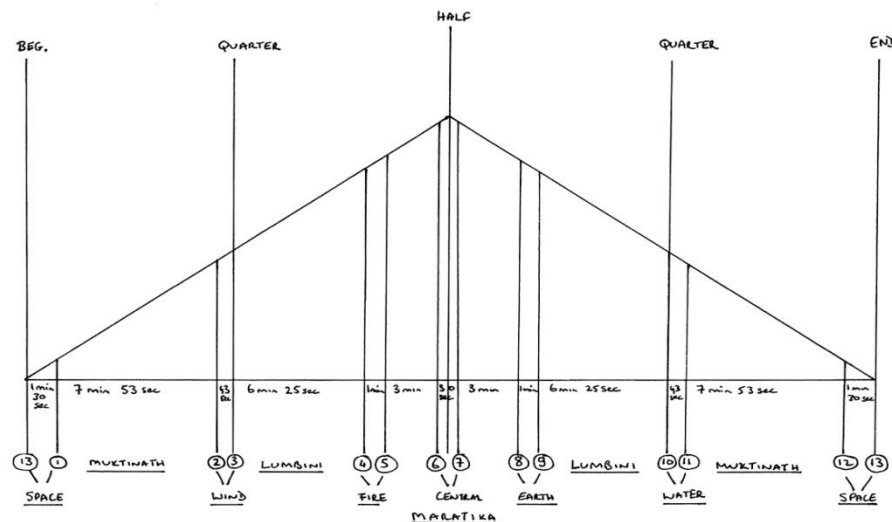
Circle of Immortality art piece (digital)

Our perception is shaped in a way that causes consciousness to run on those tracks. In terms of the brain, we call these 'neuronets' that have learned to fire certain sequences when triggered.

Until we go beyond the nature of our emotional reactions that cause such circuits to repeatedly play out their patterns, into a state of pure awareness, we go on creating a mental, bodily and external imbalance. Each one of us is therefore responsible for our environment, the well being of others and of ourselves.

This art piece shows us this mechanism working perfectly, how consciousness is symbolically displayed in the shape of a pyramid mirroring itself into an octahedron. Five elements and a 6th point representing our pure and perfect awareness out of which everything naturally arises.

So, that's a bit of background as to the meaning of the 'Circle of Immortality' art piece, but now let's look at how beyond the spinning vortices of visuals in the movie, it is also embedded in its entire structure.



Timeline of the 'Circle of Immortality' movie

Once again, I'm going to remind you that this is the 3rd version of the movie. I have already embedded other meanings into the movie's content and layout from the start, such as the idea of the union of relative and absolute existence that I described to you earlier.

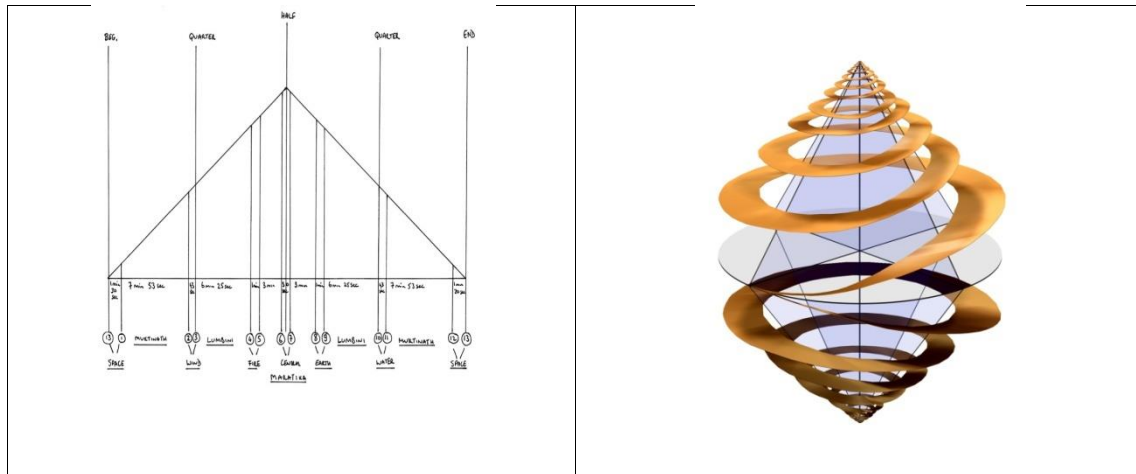
Here in this diagram, you will see that all of its aspects of timing, music, narration and visuals are mirrored around a central point and we have now watched the visuals up to this place in the movie, which is its centre.

If you were to bend this straight line of the timeline around, so that you connected the beginning and end together, you'd find a perfect circle with visuals, narration, music and timing running in an orderly sequence. This forms the circular base of the 'Circle of Immortality' art piece.

By virtue of imagining it as a circle as described above, the beginning and end of the movie join together and become 1 leg of 4, just like the Circle of Immortality art piece has.

These correlate to **TIME** – you can see how I've placed each section, **MUSIC** – according to the 3 fundamental fields, the Buddha Bodies or dimensions in which we exist, **NARRATION** – according to the description of the Circle of Immortality art piece, and ultimately the dance of the five elements and **VISUALS**, which are cut up into different places and hold different sequences, as I've described to you earlier.

All this takes place within the space of the timeline, where each of these aspects is mixed into one space, so that the shape of the Circle of Immortality art piece becomes embedded into the movie, a perfect circle with 4 square corners within it.



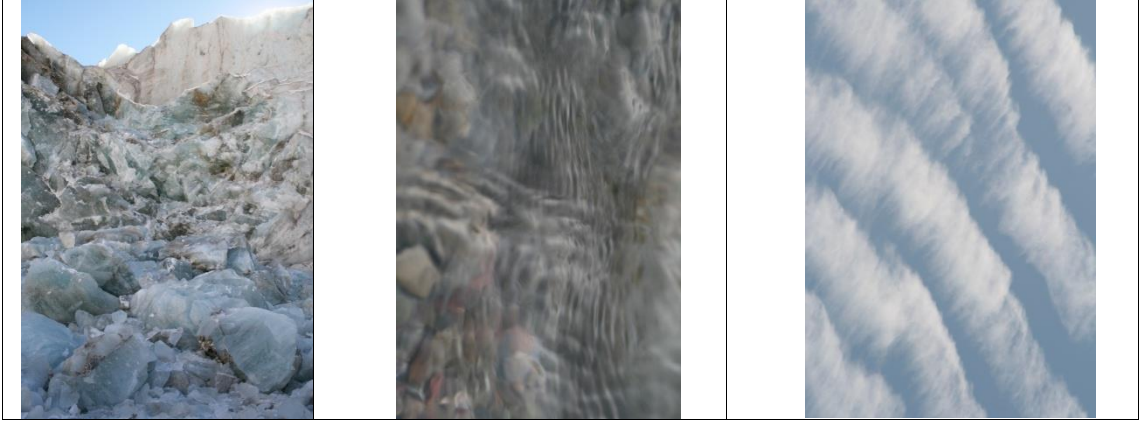
Timeline of movie based on 'Circle of Immortality' art piece

So, let us now once again just rest our minds in the symbolic expression of this symbol of Immortality and allow our minds to become mirrors within which its natural transmission will occur in your minds, as you all have the necessary faculties of consciousness to experience and interpret it.

----- (show second half of 'The Circle of Immortality' movie)-----

So that's the whole movie!

Following on from this, over the ensuing years I expanded my experimentation of making Photo Collage Art and created a number of new pieces that also contain the pyramid aspect within them, because by now I recognized that this was the symbol that could point to the most precious knowledge of how we construct the reality we think we live in.



Pictures of River Ganges, solid, liquid, gas

In 2007, I was asked to make a film about the River Ganges and due to this, spent a lot of time at various parts of the river, taking photographs as well as filming. Because I had to visit her source among the highest peaks of the Himalayas, I took pictures of ice, glaciers and snow and it was then when I sat at various locations upon her banks and watched her flowing that I noticed the texture of the water and how bonded it was so that it looked like pieces of flowing material. I would also take pictures of various enigmatic cloud formations.

This made me realize that water will always appear according to the amount of heat within it at that moment. In this way, the so-called “reality” we experience always exists in different potential states of manifestation, but is bound to appear according to the temperature of our consciousness interpreting its nature.

Why’s this?

Because as the Circle of Immortality art piece has already demonstrated to us, it’s only our PERCEPTION of space (and everything within it) that actually appears and not the space and its contents themselves! That is the illusion of perception.

Therefore we can see that perception, as a vessel of our consciousness, is the driving force of the world we individually live in.

I then realized I could create an inspiring image using my photos of the River Ganges in her solid, liquid and gaseous states, using the Sanskrit word, AUM which is traditionally made up of 3 Sanskrit

letters – A, U and M with a bindu (a point) above the M, making 4 aspects in total.

I could then equate those to the 3 fundamental layers of existence that make up our reality.

From this concept emerged 'Mirror of Space'.



'Mirror of Space'

Here A, representing the world of form looks like a 3, U, its formless undercurrent of energetic components, a 2 and M, a rested state where the potential for sound and light to arise and hence the world of form to come into being, a 1.

And the bindu point, 0, takes with it, the entirety of 3, 2 and 1 and spirals itself into full dissolution.

And just as the numbers 3, 2, 1 and 0 give the impression of each layer becoming more and more refined, so do 0, 1, 2 and 3 show form coming into being, whereby 3 holds all the other levels within it.

All these layers exist simultaneously and are held together perfectly in the symbol AUM.

The union point of these 3 letters, the bindu point of 0, represents Awareness, a state of pure, resting consciousness that simply knows.

Here we need to ask the question, what is the base archetypal shape, the building block of reality, that which arises from an non manifest

state of pure potential, that soupy quantum space we've just been talking about where nothing is yet manifest, but where the energy for the whole of existence is stored in its most fundamental state, so that when the causes and conditions for it to arise come into place, it exponentially becomes the whole of manifest reality?

Now that's a big question !

Here, in Mirror of Space, the double tetrahedron, is indicated rather than defined, but in my next piece, 'Rainbow Symphony', this shape is shown in detail. This is the base of it without the photos attached.



'Rainbow Symphony' without any photos

Exactly as the title says, it is representing the union of light (rainbow) and sound (symphony), the most basic building blocks of manifest reality residing as energetic potential within conscious space.

Firstly there are two, four pointed tetrahedrons, one red, one white, making up a fundamental archetypal universal form with 8 points. We see it everywhere in religious terminology, a shape that spans cultures and religions, because it holds a code so fundamental to our essential state.

From a point of awareness emerges this 8 pointed form as an energetic expression of that original point of awareness, the BIG BANG of science from which the whole universe comes into manifest appearance.

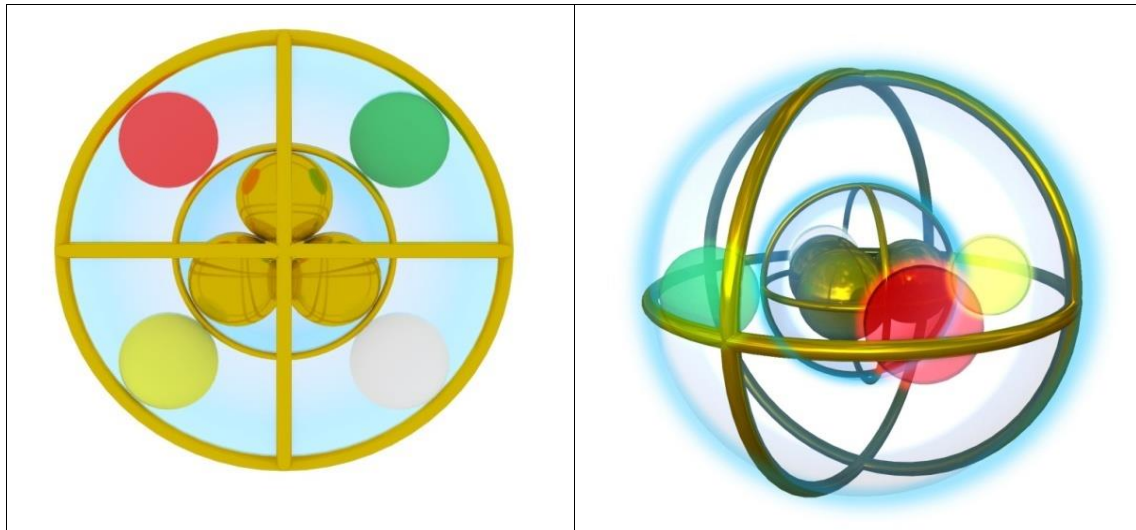
This basic shape of manifest reality is thus encompassed as 1 whole unit that contains all of this as the seed, 8 emerging points and one to hold it all together, making 10 aspects in total to this infamous archetypal shape.

These 10 aspects comprise the fundamental emerging of essential consciousness, as an expression of manifest reality.



'Rainbow Symphony'

To lay out a multi-dimensional image on a flat page, I've shown golden spirals going outwards and inwards simultaneously, spirals of consciousness that are those same spirals of the 'Circle of Immortality' art piece, that which resides above the mirror and that which resides within the mirror, cutting across many layers of conscious projection, thus giving the impression of many layers of dimensional existence.



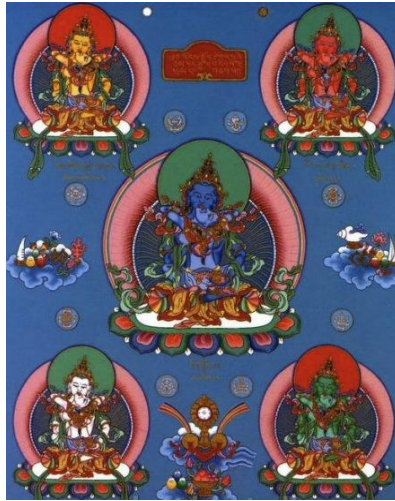
Centre of 'Rainbow Symphony'

Now we come onto the 3 golden balls at the centre of the picture, the fourth being the Awareness space in which they exist.

Just like the AUM in my picture, Mirror of Space that we discussed earlier and the 3 Buddha Bodies that we've mentioned several times now, Awareness, the 4th body comprises three aspects; wisdom, compassion and awareness arising as 'perception' that perceives or rather interprets these aspects.

As long as these three aspects remain within the space of pure Awareness, then Awareness does not break its symmetry.

But when would it break symmetry? When its perceptive quality that IS an aspect of itself, the one which has the capacity to know, has the desire to experience itself, it thus causes the force of dualism to emerge, as it senses the idea of a division of self and other. Thus, in this very moment does the whole of existence come into being.



Five wisdom deities at the centre of a mandala

However, in the space of pure perception, or rather Awareness, nothing really happens as all appearance is simply seen in terms of natural luminosity, the 5 male wisdoms appearing through the 5 elements as form and formless appearances that I showed you earlier.



‘Rainbow Symphony’

Space then appears within Perception and appearance comes into being through the dance of the other 4 elements within the space.

Here in the centre, we can see the four elements in their traditional colours sitting within space, the fifth, emerging from awareness

holding the three golden balls of wisdom, compassion and perception in the centre.

All manifestation is thus orchestrated by perception, which is nothing but pure awareness observing its inherent qualities of wisdom and compassion that are now appearing as sound and light, within the space of relative existence, which is never separated from the Absolute.

The golden ring around all these 9 aspects is the process completed, the manifest world come into being making 10 aspects in total. So to recap there's 1 point of awareness, 3 qualities of awareness within awareness, the 5 elements and the whole thing.

You can also see the 'Circle of Immortality' embedded into this piece, as an octahedron shape, here shown in pink, the union of red and white.

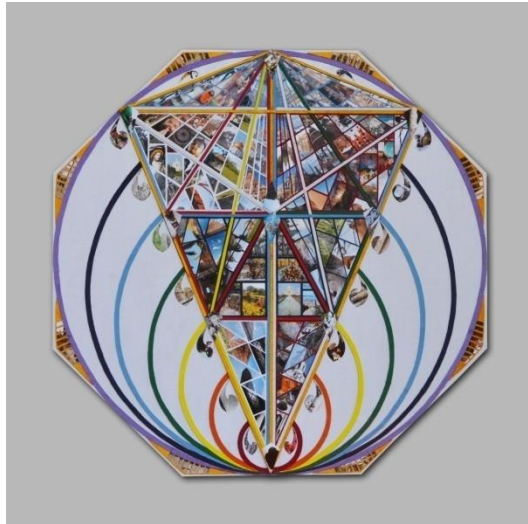
For this is the motor of perception driving the space of conscious energetic potential into manifest form, spanning this archetypal shape as demonstrated by the golden spirals twisting 13 times in both directions, representing consciousness both expressing itself and simultaneously interpreting that expression.

The sixty four triangles encircling the edge of the picture show how the 8 points of the double tetrahedron exponentially become 64 at the next layer of growth, after which each of these 64 points will project exponentially again, becoming 512 etc... until the matrix of the whole universe comes into being.

But this happens so fast, instantaneously, the moment when perceptive consciousness breaks the triangular symmetry of Awareness and BOOM, the whole of existence is there, in front of you being both simultaneously expressed and interpreted by awareness arising as perception.

The birth of perceptive mind concepts of Time, Space and Motion occurs in that split second and interprets the waves of light and sound vibration into the illusion of a solid appearance, a mere trick of perception perceiving the 5 elements, which are nothing but the five inherent wisdoms residing in Awareness.

And how it appears depends on the rate that conscious perception has the ability to interpret it.



'Key of Life'

'Key of Life' goes even deeper into the meaning of the 10 aspects at the heart of 'Rainbow Symphony'.

This picture is actually of a ritual dagger known as a 'Phurba' in Highest Tantric Yoga of the Vajrayana tradition of Tibetan Buddhism. Here it is piercing the Space, as 10 principal aspects of consciousness emerging as an expression of manifest reality, at varying stages.

Two shapes, each containing two shapes, appear within the one shape of the ritual dagger that here has a golden outline; the first, a double tetrahedron and the second, an octahedron.

The double tetrahedron with 8 emerging points is split in two, the first one being a larger white downward pointing one at the outer layer. Inside that is an octahedron, whose two 4 sided based pyramids are outlined by the colours of the 5 elements and inside that, there's an upward pointing tetrahedron, smaller than its opposite faced one, its base, red in colour.

Kind of like a Russian doll, these express different dimensional levels running through the same continuum of space. Here, the red is inside the white, which is itself inside a larger container, the whole thing, representing the mind that is of course boundless in potential, but here symbolically appearing as a vessel of its perceptive capacity.

The pyramid at the top could be a cap, but simultaneously shift your perspective and see it as an opening to the container. This is what the mind does to us as we shift perception, so the appearance changes.

And everything, sound (show the rings) and light (show the container) appears immediately out of Awareness, the point here that is placed at the very tip of the 'Key of Life'.

No matter what arises within the outer space around one's physical body, because it does not contain any inherent reality of its own, but is an expression of a complete (ie. fully recognized) conscious state that does not have any borders (in any sense), every appearing thing is but a temporary melding together of a kaleidoscopic churning of light and sound within a state of presence.

Even though there's a very precise method to how each and every object in the universe appears and subsequently disappears, how it is interpreted is the key to how it appears.

Once the secrets of the 'magic trick' of consciousness have been revealed, it's no longer a mystery how the entirety of the manifest universe, subtle and gross, comes into being, as may be seen within 'Key of Life'.

At an essential state, Light is empty of any colour or shape, but vividly awake, its intelligence absorbed into itself as a quality of pure Awareness. Each shape, in its specific order, then refracts this clear light into the next, as it passes through perfectly angled pathways of perspective designed for this purpose, so that the end result is the whole of manifestation.

Perspective causes shapes to appear and those perspectives that are nothing but structures of judgement about objects perceived in the outer space, thus form in the way that they do. Perspective can shift mind structures because it is itself the loop of vibration that causes them to arise in the first place.

Depending on patterns of vibrations causing the tune it emits, consciously and sub-consciously, this is expressed in corresponding archetypal shapes appearing kaleidoscopically in an un-solid realm, blueprints for all manifestation to come into being.

These form perspectives and further bend and refract the light into a complex matrix format so that an illusory realm appears block by

block, a place within which whatever you project through perception will appear exactly in that way.

Awareness IS thus both a last and first point, a one and same moment, a spiral that extends and contracts at the same time.

So the ritual dagger lying on the 7 rings touches each of the circles, which ripple in growth until there are 7 rings, the 8th coming back to the first tone again, but in its next dimensional layer. The first and last note of an octave is the same one appearing in a different layer of itself. And three octaves of notes are only really 7 sounds existing within 3 different dimensional spaces, containing a total of 22 notes.

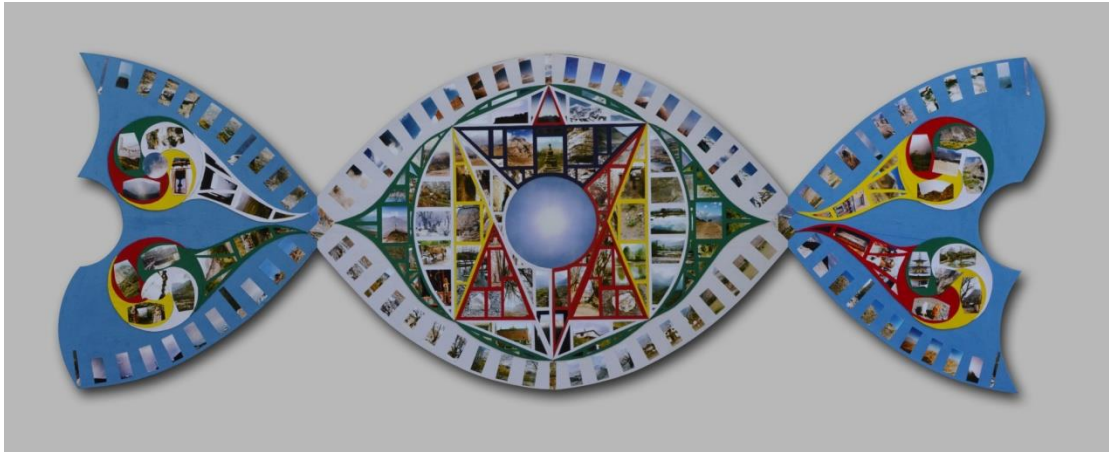
Here, in Key of Life these are expressed as 22 pathways of light - depicted by the various coloured lines of the shapes inside the one whole dagger shape, because as the vibrations of sound emanate from a point of awareness, a temporary arising of Awareness flashes into appearance, holding the potential for everything to appear as anything at all within.

The instrument of mind is on – running and it will continue to run and run and run until it realizes how it operates itself very precisely, according to vibration.

We heard the mantra of Vajra Kilaya, one ritual deity in Highest Tantric Yoga of Tibetan Buddhism, as music in several sections of 'The Circle of Immortality' movie.

The 16 syllables of the mantra of may be seen hanging along the edge of the container here, showing that light and all the dimensions of existence that is made up of that light, is fundamentally held within sound, the vibration that holds this appearance.

These also represents the 16 parts of the 4 bliss whirls on the blue wings of 'Pure Vision transformed into Organized Confusion'.



‘Pure Vision transformed into Organised Confusion’

Pure Vision here was revised into a later version to include a study of harmonic resonance, as each of these energetic resonances of manifest reality going on in varying dimensions at the same time, are like octaves.

22 over 7 is Pi and Pi is a mathematical perfection found in the archetypal symbols of many natural forms.

Here, in Pure Vision, I’ve specifically shown it in relation to our DNA.

In total, here there are 2 displays of the double strands of 23 chromosomes that are to be found in the human genome and these may be seen in the strips of photos that surround the central images.

Simplifying this down to basics, of the 23, 20 correspond to protein making, 2 which are stop and start and 1 which defines the sex of the person. So, we are really talking about 22 that are functional.

I have also shown that there are 3 octaves of resonance in each batch of 23 chromosomes, but because we know that the last note of the first octave is the same starting note of the second and same for the last note of the second octave being the first of the third etc..., so in total, there are 22 notes in 3 octaves, when you make an octave into 7 clear notes rather than 8... plus the final one.



‘Pure Vision...’ as a chain of images strung together

This picture is just one segment of a chain that in effect goes on and on and on and you will now see how the spinning bliss whorls each containing the 4 elements on the side wings of this piece bear resemblance to my first piece, ‘Two Keys, One Lock’, where the four elements are shown displayed around the fifth of space in the centre....

And so must everything return to its starting point!



‘Crystal of Time’

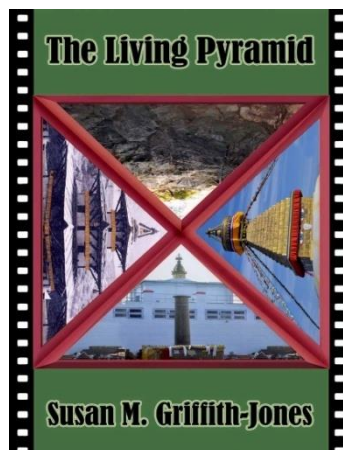
My latest piece of photo collage art work, ‘Crystal of Time’ that is half under way at the moment, represents a perfect octave of harmonic resonance. It’s also a culmination of many aspects of mind, of the structure of varying layers of existence – as above, so below, and the fractal aspect that dominates each layer.

After meeting Sam Osmanagic at Patri-ji's Pyramid Valley near Bangalore in 2016, and after Sam saw my film, *The Circle of Immortality*, he invited me to the Bosnian pyramids several times to make a film that would look beyond the surface of the place. It took some time, but I developed this shape to carry the meaning I need to embed into the movie, by using it to structure its various parts, just like I described to you that I did in the movie you've just seen, *The Circle of Immortality*.

As you see from its layout, it's not such a simple process and not such a simple movie to make! And this is only the lower layer of the symbol and I have 2 more to add yet.

But I am encouraged. As when I look back and see all the complications I had to go through to complete the 'Circle of Immortality' art piece and then how this shape could eventually merge into the structure of a movie to hold and transmit its meaning within it, I had to go through many trials and errors to reach the point where I knew what I was doing.

So, in the case of the Bosnian movie too, I just keep on walking forward, to complete it... and am sure that I will eventually be able to write down the meaning and making of it, in another book, one day.



'The Living Pyramid'

However, I would now like to invite Patri-ji to come onto the stage and help me launch my book, 'The Living Pyramid' that describes how I made 'The Circle of Immortality' movie that you have just seen

today, in much more detail than I am able to provide you with in the space of this short presentation.