

**Circle of Immortality**  
is both a piece of art  
work:



And an artistic documentary with the same name, whose inherent structure is based around the meaning of the five elements of wind (air), fire, earth, water and space.



# The Circle of Immortality

Depicting three different locations in Nepal, namely Muktinath (Northern Nepal), Lumbini (Southern Nepal) and Maratika (Eastern Nepal) that reoccur around short sections highlighting the meaning of the five elements according to symmetrical display, each of the sections begin and end with the same style of visual in order to complete their particular circle.

Although much of the symbology is embedded in the visuals themselves as they progress through their interpretation of each individual element in turn as well as collectively, the film portrays life and activities of the people in each of these three places.

The film is laid out in terms of visuals, narration and music in the form of a pyramid and a book, '**The Living Pyramid**' is currently underway, which describes the process of making both the Circle of Immortality art piece and film during day-to-day life among the Tibetan Masters in Kathmandu, Nepal.

Susan Griffith-Jones has written a book describing the meaning of this piece of artwork, entitled, '**The Pyramid Spiral, Dance of the Five Elements**', the root text of which is also the narration for the film, '**Circle of Immortality**'.

**Universal Osmosis**  
The Art of Symbolic Shape in Form

