# Integration of Sound and Light Techniques using Shapes of Symbolic Form to describe the Manifestation of Universal Existence

By: Susan M. Griffith-Jones



Two Keys, One Lock

Through the panoramic view of the art form, "Photo Collage Art", whereby many individual photos are laid out as whole shapes, I attempt to portray how the manifesting universe is directly connected to our conscious state of being.

This fundamental knowledge is not an abstract theory that is only useful to people who study philosophy or to those seeking to understand the nature of their minds from an academic or spiritual perspective, but is absolutely necessary for our general day to day living as it deals with how everything we sense, appears.

Indeed, look around you.

I want you to imagine that everything you perceive is made up of a binary code of 0 and 1, where sound is the 0 and appearing coloured light, the 1.

My photographic artwork corresponds to the manifesting light aspect, whereas the work of Marina Kluchnikova's RA-SHEEBA holographic sound theories attune to the manifesting sound aspect.

Today I am going to explain the basic meaning of my artwork, and so that we can activate the coded information set into the symbols, Marina will also sing the vibrational quality of sound that lies within their shapes so that we can HEAR and SEE them together. When she sings the symbols, please focus on them, while listening to the tune, at the same time.

You may then experience a special feeling, as when these two aspects are put together, you may directly and holistically sense how the universe occurs, a process that is taking place inside each one of your cells – that is what we are going to discover and activate today.

To appreciate these artworks, you do not need to consciously 'understand' the shapes because they are 'archetypal'. This means that perceptive mind has the ability to energetically understand them and by simply focusing on them, we can absorb their messages sub-consciously and enrich our lives tremendously. If you do consciously understand them, then the effect may be even more powerful, but it is not a prerequisite.

Sound does not appear as such, it only arises temporarily and is interpreted by our hearing and then disappears. What remains is the effect of that vibration as a coloured light that is itself mutating in a kaleidoscopic way.

This is taking place in a formless state where nothing can remain fixed, but is ever changing. Quantum physicists are nowadays looking into the nucleus of an atom, but cannot predict what may occur there because the laws of the sub-atomic realm are not the same as the laws of the atomic world.

We are always thinking, saying and doing things. And the effect of all those 'things' are being held in vibration. How much time will pass before these vibrations, known as 'causes' will eventually ripen into 'effects' from their states of potential, is unknown, but what IS known is that they WILL ripen directly into manifest appearance.

And yet neither sound, nor light are the CAUSE, they are both effects of the cause, which is the clear light space of awareness within which they lie unmanifest in unity.

We have to realize that WE are directly responsible for every tiny little fraction of appearance and events that we may encounter in our lives, as nothing arises without us having planted the corresponding vibration, therefore we need to be very careful how we consciously play the musical instrument of consciousness as THAT is what will appear in our existence.

Good things therefore arise out of healthy vibrations and bad things out of denser waves.

Having the tools to understand how to live life more successfully and happily in a more balanced world environment through awareness of how to conduct the orchestra of appearance with one's mental faculties, one may employ an entirely different strategy of play and hence result to the game of life.

So, how do we start going about playing the game according to the rules and what are the rules?

Let's now have a look at my first piece of photo collage art work.

The name of this piece is 'Two Keys, One Lock'

## MARINA SINGS

Here the TWO KEYS relate to this binary aspect of sound and coloured light, whereby the white key represents 'sound' and the blue one, 'coloured light'.

The whole piece is the ONE LOCK, representing the union of sound and coloured light, which is timeless and immortal, having no beginning, no end and therefore no linear function of time, just a presence. It may be called 'clear light' or just THE LIGHT and I distinguish it from coloured light that is a product of it.

It is 'clear' in the sense of not having any manifest properties, 'knowing' in the sense of being awake and 'infinite' in the sense of having no boundaries.

Sound emerges from the clear light state as a vibration caused by subtle movement of inherent perceptive properties of that clear light state, whose oscillating movement causes the clear light to simultaneously bend or 'refract' into different colours, just like the effect we see when light passes through a prism.

They exist in a formless realm where nothing is stable, so in order to stabilize this formless realm, coloured light and sound coalesce into space and interwoven states of gross manifest form that exist within that space.

This is the gross realm of form emerging out of the collective properties of sound and coloured light. This is the world we live in and we will talk about how this comes about in a moment.

So coming back to the concept of 0 and 1, sound and coloured light, you may now envisage everything you sense on every dimensional level of existence built up with these basic units. That's all there is to it, sound and coloured light! The rest is just their clothes, make-up and jewellery.

'Two Keys, One Lock' has become the cornerstone of each of my other photo collage art pieces, as it relates to the central theme of the five elements, the dance of the arising and dissolving of creation going on simultaneously and continuously as it emerges into gross manifestation and dissolves back into its base nature.

In their representative forms according to classical Buddhist highest tantric yoga, sound corresponds to space, which is their container. Without space there would be no place for existence to come into being! The other 4 elements that emerge within space, are products of coloured light. Beginning with

movement, 'green wind' arises due to 'blue space' becoming heated by 'red fire', which melts potential archetypal seed forms (yellow earth) into liquid (white water).

So we have the 4 elements dancing within that of space, all a trick of sound and coloured light being refracted by natural archetypal shapes, coalescing into more and more gross levels in order to experience more stability of form.

There is also a spinning spiral aspect going on here.

Rotating from the center to the left hand corner in an anti clockwise direction there's space, followed by wind, fire, water and earth, the process through which consciousness at its most subtle state becomes grosser and grosser and the other way round, where it dissolves back into itself.

Pure consciousness pervades all these dimensional spaces as it IS that space and through the process of the dance of the five elements that exist within consciousness as different types of positive and negative aspects, skillfully manipulates both the subatomic and atomic layers of existence, moulding them into different aspects of reality – solid, liquid and gaseous states.

To take the example further, here's a piece of work I did, entitled, 'Mirror of Space', where the central image is AUM, demonstrating different dimensional layers of existence.

## **MARINA SINGS**



### Mirror of Space

AUM is traditionally made up of 3 Sanskrit letters – A, U and M which includes a bindu (a point), making 4 aspects in total.

Here I have made A, representing the world of form, to look like a 3, U, its formless undercurrent of components such as sound and coloured light, a 2 and M, the clear light state, a 1, whose bindu point is 0 representing all of these aspects in union together as one point of clear light awareness potential.

And just as the numbers 3, 2, 1 and 0 give the impression of each layer becoming more and more refined, so do 0,1,2 and 3 show form coming into grosser and grosser manifest being, whereby 3 holds all the other levels within it.

So here we see that many layers exist simultaneously within, all held together perfectly in the symbol AUM whose shape has been produced by its individual vibration exuding from the clear light state.

Imagine a Matrioshka doll. There can be infinite numbers of smaller and larger dolls fitting inside and outside of each other, yet they ultimately occupy the same space whilst only making up one outer form.

This is a crude example, but gives the idea of various dimensions existing side by side or rather, within and outside of each other showing us that the outer manifest world is simply not as solid as it seems to be!

Vibration is expressed in corresponding archetypal shapes appearing in the formless realm. They are the blueprints for all manifestation to come into being because it is through those shapes that the gross manifest three dimensional world is built block by block. Holding the code within, it knows what to build and how.

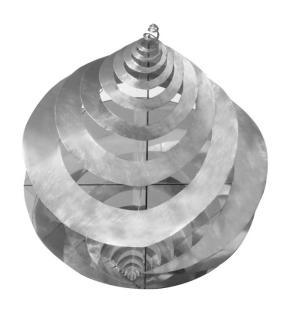
The driving force of this is the magnificent power of the clear light itself.

In each of my photo collage art pieces, I use themes of photos to elucidate various meanings in the picture and here I have used photos of water in its different aspects, as depending on the amount of heat contained, water is an element that can be simultaneously ice in its solid state, water in its liquid state and cloud in its gaseous state.

And indeed, it is 'heat, or rather, 'fire' that is the master element of transformation and that which causes the wind of consciousness to move faster or slower as it refines or deludes its perceptive capacity to interpret reality.

We'll see more details about the relationship between the elements in the art piece, The Circle of Immortality.

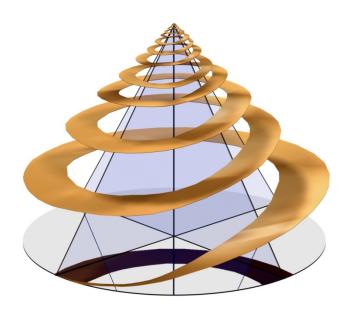
# **MARINA SINGS**



Circle of Immortality – original artwork



Circle of Immortality from top – computer generated artwork



Circle of Immortality displaying shapes of 5 elements

In this art piece, all 5 elements are displayed in their shapes according to Highest Tantric Buddhist Yoga.

Square based earth (in other words, the outlined base of the pyramid), circular shaped water (the base of the whole piece, which is also a mirror), triangular shaped fire, (2 equilateral triangles sitting at right angles to each other), spiral shaped wind (that sits upon the triangles) and the space around and within the mirror that holds whatever appears before it.

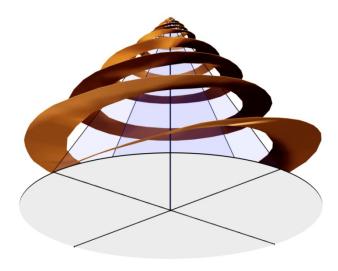
Yet of course, we know that there is nothing actually present within the mirror, it's just a reflection within a clear space.

Stop a moment, return to that clear space of your own consciousness and then look around you and see that everything you sense is but an exuding vibration of sound and its corresponding light form appearing from that space, solidified into states that are ruled by different cycles of time.

Whereas there is no time in the immortal clear light state, time is master of the formless and form realms. In the formless realm, the currency of time is 'change' as it's where nothing can ever become stable for long enough to quantify itself, it's just an ever changing kaleidoscopic impression of vibration simultaneously producing mutating light forms.

In the form realm, time is the distance between a cause being planted and its effect ripening and is therefore quantifiable and governed by mathematical law.

The appearing form and formless realms are thus run by time in different capacities, but in and of itself time does not exist – it's only a way to express in what manner things appear and disappear. So ultimately time is an abstract concept, a conscious force simply directing the play of appearance.



Circle of Immortality displaying there is nothing actually inside the mirror!



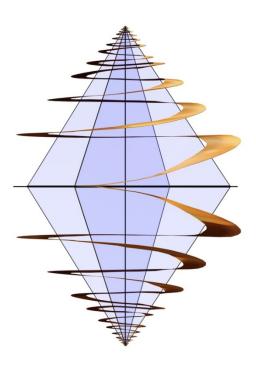
## Circle of Immortality

By becoming the director of that process through learning how to use the five elements to skillfully construct reality, it is then that one actually overcomes their nature to remain in the clear light state of mind.

One is no longer swept along in a torrent of causes and conditions that seem to manifest in situations outside of one's control, simply because one is not fooled by appearing images having a reality of their own.

You can be in this state while still alive, you do not have to physically die to enter the realm of immortality!

The mirror I have placed at the base of the structure is not only representing the space of perceptive consciousness within which phenomena arise, but also transforms the shape of a pyramid into that of an octahedron.



Circle of Immortality as an octahedron

Since the spiral itself represents our own conscious interpretation of existence according to its individual habitual traits - the sound or wisdom aspect, the reflection of the spiral appearing inside the mirror of this artwork, represents the corresponding appearing world around us – the coloured light or compassionate aspect.

But there's another thing going on here and that is whilst perceiving something into existence, consciousness is also interpreting it, which causes it to further perceive itself ie. it senses what has arisen and interprets that too, which causes it to mutate into its next reflection of itself within itself and so it goes on.

And this infinite chain of reflection may only be broken through conscious recognition of what is really going on.

In fact, it has been found through various scientific experiments that the very act of conscious awareness perceiving the clear light field of potential may actually cause the universe to come into being and although as creatures of consciousness, we are multitudes of different perceptions (viewpoints) all analyzing the same potential, we all "perceive it" differently and thus we build different types of physical bodies around our varying levels of conscious awareness and different realms appear.

The Circle of Immortality also demonstrates this, but so does another one of my photo collage art pieces take this point further.



**Rainbow Symphony** 

The name of this piece, 'Rainbow Symphony' is exactly what it says, the union of coloured light (rainbow) and sound (symphony).

# **MARINA SINGS**

Each fundamental point of light that makes up appearance has exactly the same internal makeup and here we need to become familiar with the vibratory seed pattern that contains all potential within it.

Ready to burst into any shape, form or expression, arising from the space where nothing is yet manifest, but where the energy for the whole of existence is stored in its most fundamental state of pure potential, it will exponentially becomes the whole of manifest reality when the causes and conditions for it to arise come into place.

To try and achieve this multi dimensional aspect, I've shown golden spirals going outwards and inwards simultaneously, spirals of consciousness like those expressed in The Circle of Immortality art piece.



Base of Rainbow Symphony without any photos

Firstly there are two 4 pointed pairs of tetrahedrons, one red, one white, making up a fundamental archetypal universal form with a total of 8 points. We see it everywhere in religious terminology, a shape that spans cultures and religions, and even though it usually appears as a six pointed star on a flat piece of paper, it is actually 8 pointed in the three-dimensional sense.

This infamous archetypal form, the basic shape of manifest reality thus encompasses 1 fundamental space of being, 8 emerging points and another to hold it all together, making up 10 aspects.

Now I want each of you to imagine that you are that absolute state of presence, nothing, nowhere and yet alive with a sense of being aware of being. This is not just a 'pretend to be' game, but this is truly who you are and it's from this nucleus of your being that you exude vibrations, which are the sound aspect that simultaneously manifest as appearance, which is the coloured light aspect.

Be careful what you think, be careful what you feel, because everything and I mean EVERY vibration that exudes from your essential state of being has an irreversible effect on what arises around you. This is the law of cause and effect.

However, this amazing truth means that you can fundamentally change the resultant picture any time you choose to feed in the correct vibrations.

And BOOM... the whole universe appears accordingly in a fraction of a millisecond.

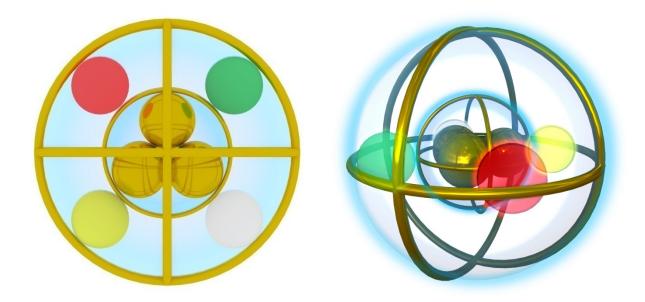
The true artist is that clear light awareness within you, who can paint whichever picture it wishes through knowing how to play the musical instrument of awareness and exuding the correct vibrations that will form the most marvelous appearances.

But first you need to literally stop the clock, I mean stop time and the only way to do that is to unify the binary code of 1 and 0 into the unity of themselves. For appearance is not solid, but vibrations of energy that are slowed down to such a pace, that they actually seem to be so. Just enhance the vibration and they will disappear.

#### That's it.

Light is sound and light and sound are nothing but a clear pristine state of awareness. If you can hold that state of mind, then you can control the vibration reflecting into appearance.

It's going to take a paradigm shift to do this. It's easy to say just forget everything about everything you ever learned, stop the clock and realize that whatever you sense around you is not even there.



**Centre of Rainbow Symphony** 

The clear light space of awareness holds three aspects; wisdom (sound), compassion (coloured light) and perceptive awareness of these aspects, here represented by the three balls. As long as these three

aspects do not break their circuitry, the symmetry of this space is not broken and the gross manifest world does not arise.

Yet why would it break symmetry?

Because its perceptive quality, the one which has the capacity to experience, wants to both know and share itself, the knowing part being its inherent wisdom aspect (sound) and its sharing part being its inherent compassionate aspect (light).

However positive these wishes are, they are fundamentally the energy of desire and that which causes dualism to emerge as it senses the idea of self and other, and thus does the whole of existence come into being at that moment.

Perceptive awareness forms its own space within which gross manifest appearance comes into being through the dance of the five elements and here we can see the four elements in their traditional colours sitting within space, the fifth, emerging from the space of awareness in the circle surrounding the central one holding the three golden balls.

Whereas, the ring around all these 9 aspects is the process completed, the manifest world comes into being making 10 aspects in total -1 point of awareness, 3 qualities within awareness, the 5 elements and the whole thing.



#### Rainbow Symphony

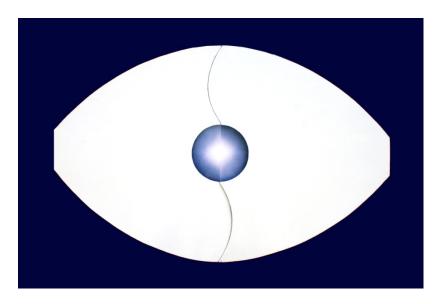
Here shown in pink, (the union of red and white) and embedded into this piece is the octahedron shape of the Circle of Immortality art piece, the motor of consciousness whose whirling spirals drive the space of conscious energetic potential into manifest form.

The sixty four triangles encircling the edge of the picture show how the 8 points of the double tetrahedron exponentially become 64 at the next layer of growth, after which each of these 64 points will project exponentially again, becoming 512 etc... until the matrix of the whole universe comes into being.

And all the images in this picture are of aspects of trees and plants, because THIS IS the tree of life – this is the archetypal shape and motor of consciousness that drives the manifest world into being.

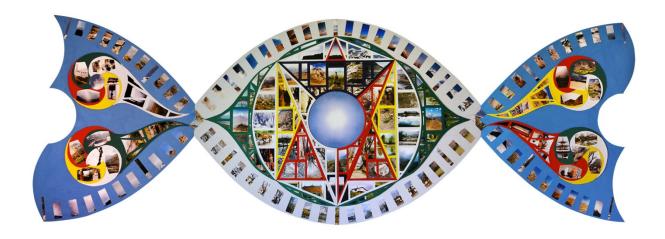
And consciousness is energetically vibrating in different octaves of resonance, each octave pertaining to a different dimensional state of existence.

My piece of work that best shows this concept is one that also emerged at the same time as 'Two Keys, One Lock'.



Pure Vision...

The picture starts as an eye, but when these 2 wings open up to each side, it becomes, PURE VISION...



...TRANSFORMED INTO ORGANISED CONFUSION

Transformed into Organised Confusion.

## **MARINA SINGS**

It started as a simple idea, whereas instead of displaying the 4 elements emerging in 4 directions out of the space element in the centre, all the elements are shown piled on top of each other.

You will see that all the classical shapes of tantric symbology are still there, but in this later expression, I've added another aspect into the equation and that is a three sided downwards pointing triangle that represents consciousness piercing the space, which it is holding in its centre.

The three corners of this downwards triangle are the 3 golden balls we saw in the centre of Rainbow Symphony.

By adding this downwards pointing triangle, this also turns the image into a double tetrahedron archetypal shape, holding its own multitude of meanings as we have already discussed.

Here I also display harmonic resonance in relation to our DNA. In total, there are 2 displays of the double strands of the 23 chromosomes that are to be found in the human genome and these may be seen in the strips of photos that surround the central images.

Simplifying this down to basics, of the 23, 20 correspond to protein making, 2 which are stop and start and 1 which defines the sex of the person. So, 22 of them are functional.

I have also shown that there are 3 octaves of resonance in each batch of 23 chromosomes. 3 times 8 is 24, and you may be wondering how the maths works, but you will see that it does when you realize that the last note of the first octave is the same starting note of the second and same for the last note of the second octave being the first of the third etc..., so in total, there are 22 notes in 3 octaves, when you make an octave into 7 clear notes rather than 8... plus the final one.

This is important as 22 over 7 is Pi and Pi is a mathematical perfection found in archetypal symbols.



Chain of images strung together

This picture is just one segment of a chain that in effect goes on and on and you will now see how the spinning bliss whorls each containing the 4 elements on the side wings of this piece correspond back to my first picture, Two Keys, One Lock, where the four elements are shown displayed around the fifth of space in the centre.

If we had more time, we could go on to discover how these 3 octaves are actually containing 9 octaves within them, which total 64 notes, 64 being the square of 8, which is also the first level of exponential growth of our archetypal seed form of consciousness that is building the whole of this manifest reality before our eyes.

The ultimate message in these pieces of photographic art is to become that channel, hence to remove the effects of the vibrations of action that are sitting in potential, ready to manifest within your life at any point in the future when the conditions arise for them to do so at a time unknown consciously to you, to cause you pain and happiness, at a dualistic level.

To go beyond the swinging pendulum of extremes is to reach the enlightened space, from where truth, love and wisdom may be imparted.